

Spinal Nerve Function

Every Cell of Your Body Has a Nerve Component



VERTEBRAL LEVEL	NERVE ROOT	INNERVATION	POSSIBLE SYMPTOMS
C1	C1	Intracranial Blood Vessels	Headaches • Migraine Headaches
C2	C2	• Eyes • Lacrimal Gland	• Dizziness • Sinus Problems
C2	C2	• Parotid Gland • Scalp	• Allergies • Head Colds • Fatigue
C3	C3	• Base of Skull • Neck	• Vision Problems • Runny Nose
C3	C4	Muscles • Diaphragm	• Sore Throat • Stiff Neck
C4	C5	• Neck Muscles • Shoulders	• Cough • Croup • Arm Pain
C5	C6	• Elbows • Arms • Wrists	• Hand and Finger Numbness
C6	C7	• Hands • Fingers • Esophagus • Heart • Lungs • Chest	or Tingling • Asthma • Heart
C7	C8		Conditions • High Blood Pressure
C7	T1		